



The Sundial

Vol. 6, No. 1

DAVIS COMMUNITY HOSPITAL

March, 1985

Emergency Room Rates Change To New Schedule

A new tiered fee schedule resulting in a change and drop of Emergency Room rates was recently implemented at Davis Community Hospital.

Patients will now pay less for a minor injury or illness than a patient who requires life saving treatment. Previously, all patients paid a flat Emergency Room (ER) fee.

The average ER patient, representing approximately eighty per cent of those needing ER services, will pay up to 37% less with the new system, explained Steven Blaine, Davis Community Hospital Administrator. "With this system, our fees better fit the services rendered," he said.

The new schedule includes the basic ER fee and the ER doctor's fee. It does not include medications, supplies, diagnostic tests or chargeable equipment usage.

"Our Emergency Room is staffed twenty-four hours per day, seven days per week, with a physician on duty and qualified nursing personnel. We are equipped and able to handle almost any type of emergency care. I believe that these charges represent the lowest in our area and we are delighted to be able to offer this new program in an effort to make emergency health care services more affordable to the people we serve," Blaine said.

TeamWalk Set For March 30

Get your walking shoes warmed up - **TeamWalk** is set for Saturday, March 30! DCH, in previous years, has tremendously supported this fundraising event for the March of Dimes. We predict that 1985 will be no exception! We're out to be unbeaten in three categories:

1. Individual raising the highest amount of money
2. Company raising highest amount of money
3. Company with the most walkers on their TEAM

Employees, volunteers and their families and friends can walk together. All will be credited to the DCH TEAM. Come out and help make this a real TEAM effort! For more information, call extension 113.



Steven Blaine, Administrator, (right) welcomes new Board of Trustee members Dr. Michael Scruggs (left) and Allen Johnson.

Scruggs, Johnson Join DCH Board of Trustees

Two new members of the Davis Community Hospital Board of Trustees were welcomed this month by Steven L. Blaine, Hospital Administrator. The new members are Dr. Michael C. Scruggs and Allen C. Johnson, filling vacancies by Dr. Stanley Sliwinski and A. G. Campbell, whose terms expired on December 31, 1984.

Dr. Scruggs, a local otolaryngologist, was born in Henrietta, North Carolina. He earned his A.B. in chemistry at the University of North Carolina and graduated Phi Beta Kappa. Dr. Scruggs completed his medical education at the Bowman Gray School of Medicine in Winston-Salem and did his internship and residency at North Carolina Baptist Hospital. He has served in the United States Air Force.

A master Mason, Dr. Scruggs is board certified in otolaryngology (ear, nose and throat) and by the American Academy of Otolaryngology and Head and Neck Surgery.

He is a member of Oakdale Baptist Church, where he serves as a deacon. Dr. Scruggs and his wife, Sharon, have one son, Paul. They live in Statesville.

Allen Johnson is a native of Wilkes County and has resided in Iredell County for the last thirty-five years. He attended Wilkes County Public Schools and Mitchell Community College.

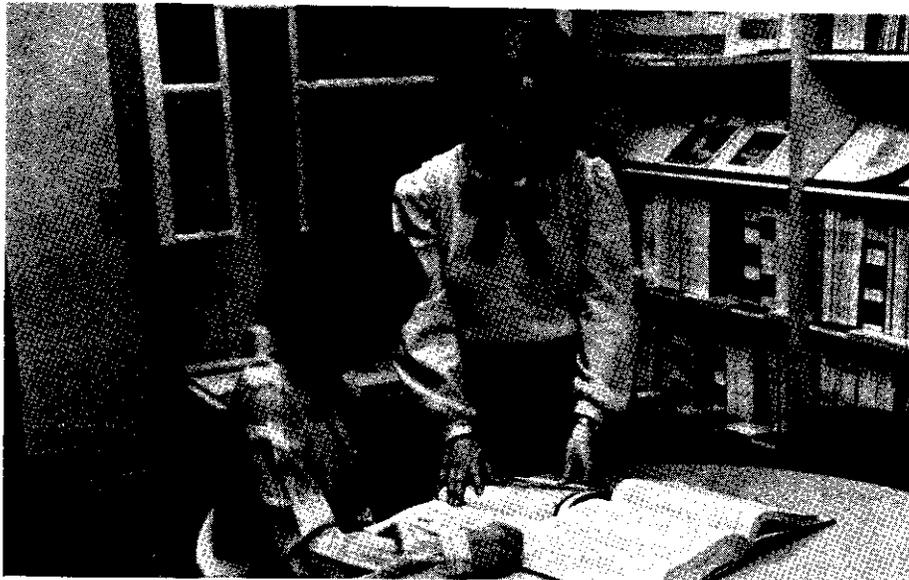
Mr. Johnson is President of Superior Paving Company in Statesville. He is a thirty-second degree Mason and Shriner, currently serving as Vice-President of the Statesville Shrine Club.

Presently a board member of the Northwestern Bank, Mr. Johnson has served as a board member of the Greater Statesville Chamber of Commerce. He is also a member of the Associated General Contractors, where he serves as chairman of membership; the Carolina Asphalt Paving Association, where he serves on the executive committee; and the American Arbitration Association.

A member of Grassy Knob Baptist Church, Mr. Johnson is married to the former Joyce Rupard. They have two children, Curtis and Esther. Mr. and Mrs. Johnson reside in Statesville.

Both Dr. Scruggs and Mr. Johnson will serve three-year terms on the hospital board.

THE HEART OF THE MATTER



Library Manager Kathy Moose (standing) helps Cindy Cothran, Medical Records Administrator, find some needed information in the hospital's library.

"I need the address of Mountain View Hospital in Arkansas."

"Are there stickers available for phones with the number of the Poison Control Center?"

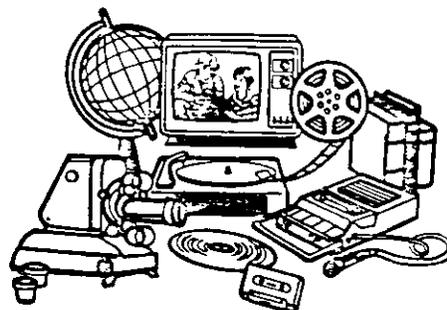
"Can I find an update on this article that has been helpful to me?"

These are only a few questions that are put to our Library Manager, Kathy Moose. They don't have to be asked only by medical staff and nurses, either.

The heart of the matter is that our hospital library is open to all employees twenty-four hours a day, seven days a week. As Library Manager, Kathy is available from 9 a.m. to 2 p.m., Monday through Thursday.

With an inventory of close to 600 volumes and 85 journals, the library is centrally cataloged for the user's convenience with satellite libraries in various hospital departments also cataloged.

Kathy has access to "LINK", the Library Information Network, which increases the availability of resources. Through LINK, the hospital library can borrow books, journals or articles from any Northwest AHEC (Area Health Education Center) Library. Our AHEC librarian is Mary Peck from Rowan Memorial Hospital in Salisbury. Kathy can also arrange to obtain materials from the Bowman Gray School of Medicine library in Winston-Salem or the National Library of Medicine, for little or no charge. Other services in our library include book



circulation, verification of references and photocopies of journal articles.

"Many of our services help our employees save time and money when they need some answers to their questions," Kathy said. "We do everything to help in the quickest way possible."

Kathy, previously a church librarian, also coordinates journal and book acquisitions. She prepares a newsletter to announce them and handles donations of back issues of journals from physicians and other medical professionals. She additionally does the library bulletin board, which updates readers on programs and hospital services.

For more information regarding the use of the library, call Kathy at her office in Staff Development, extension 154, or the library, extension 184. Messages may be left in the wire basket in the library which is checked at 9 a.m., noon and 2 p.m., Monday through Thursday.

Resourceful Pursuits

Journals: Alphabetized on the shelves by title. Current month's copy is on display, may be checked out for three days on pad provided.

Reference Books and Indexes: Provided for use **only** in library.

Textbooks: Sign name, department and date on card in back of book and leave in wooden box. Books in the library and throughout the hospital are listed in the card catalog by author, title and subject. May be checked out for one week.

Interlibrary Loans: Used to obtain books and journal articles not in our own collection. Contact Library Manager or fill out orange form as completely as possible and leave in wire basket in library.

Reference Assistance: Help in locating journal articles, books and audiovisuals.

Computerized Literature Searches: To request reference assistance or a computer search, contact Library Manager or fill out blue form.

Audiovisual Collection: Can assist with borrowing from Northwest AHEC, HCA or other sources.

Book and Journal Selection Assistance: Help with up-to-date catalogs, guides and selection lists.

Maintenance of Departmental Collections: Assist departments and nursing units with maintaining up-to-date collections in their immediate areas.

Swallow-And Burn 50 Calories!

Did you know that swallowing your pride will burn fifty calories? If you are looking to get into shape for the March of Dimes **TeamWalk** or swimsuit season, consider the following. We could all stand losing a few calories without sore muscles and aching limbs. Read on and see how many pounds you have mislaid today.

Beating around the bush	75
Jogging your memory	125
Jumping to conclusions	100
Climbing the walls	150
Passing the buck	25
Throwing your weight around	50-300
Spinning your wheels	175
Balancing the books	25
Fishing for compliments	50
Climbing the ladder of success	50
Bending over backwards	75
Pouring salt on the wound	50
Tooting your own horn	25
Running around in circles	350
Wading through paperwork	300
Hitting the nail on the head	50
Chewing nails	200
Pushing your luck	250
Making mountains out of molehills	500

DCH Wins Charity Ball Game

With a score of 58-52, our basketball team of employees and medical staff roused the DJ's and staff of WSIC-AM in the First Annual Charity Basketball Game on March 7. All proceeds, totalling \$325, were donated to the American Heart Association.

Many thanks to all who helped make this event a big success. We're looking forward to a rematch next year!

Give The Gift Of Life!

Your help is needed! We are at about half of our quota for pints of blood donated to the American Red Cross on behalf of Davis Community Hospital. The calendar year ends June 30, 1985, for this quota. Our hospital-sponsored Bloodmobile was a big success in January, but we have to keep the ball rolling to meet our goal. You can give blood every eight weeks. The next time that those giving blood at our hospital Bloodmobile on January 14, can donate again is after March 10. March and April Bloodmobiles include:

- Wed., March 20 . 9:30 a.m. - 3:00 p.m.
Statesville Senior High School
- Tues., April 23 . 11:00 a.m. - 4:30 p.m.
Elks Lodge
- Tues., April 30 . 9:00 a.m. p 2:30 p.m.
South Iredell High School

Give the gift of life to someone who is in great need. Your gift counts.

From a patient...

"Fear of the unknown can really cause a lot of anxiety, but I must say that each of you helped by being so kind. You actually turned my experience around to see the good side of people. You are certainly a credit to your profession which unfortunately we don't always get to experience. Again, many thanks for being so human!"

The Sundial

Published bimonthly for the personnel and friends of Davis Community Hospital.

CARE EXPRESS BEGINS



Care Express, a new program sponsored by Davis Community Hospital, is underway for Medicare recipients. It will provide free taxicab service to and from the hospital for recipients who have no personal means of transportation needing same day (outpatient) surgery or admissions. Using the new service are Flossie and Taft Wood of Statesville. Pictured are Zane Triplett, driver for City Cab Company; Flossie and Taft Wood; Eddie Greene, Assistant Administrator of DCH; Hazel Wilson, registered nurse at Davis, and Joe Thomas, Manager of City Cab Company. Other participating taxicab companies are Blue Cab, Campbell Cab and Lewis' Taxi.

Dietary Employees Earn MCC Certificates

Eighteen dietary employees have completed "Professional Food Service," a continuing education course at Mitchell Community College taught by Food Service Director and college instructor, Laura Manor.

"This course is designed to help individuals who are employed in hospital food service to upgrade their skills and improve

their overall job knowledge. Instruction is provided in the areas of personality repair, personal and public relationships, proper grooming and attire, proper procedures in serving foods and beverages, as well as dining room and kitchen sanitation. Emphasis is placed on supervised laboratory experiences involving various aspects of food service," Manor explained.



Employees (pictured above, seated) are Cindy Shumaker, Edith Whitlock, Eulalia Cook, Doug Earp, Margaret Speaks, Maggie Setzer, Frances Alexander and (back row) Addie Taylor, Alice Goforth, Dorothy Hartline, Vanessa Earp, Carolyn Brown, June Terrill, Lorene Johnston and John Grant. Not pictured are Frances Allison, Clara Cowan and Marion Getgood.

INTRODUCING SHERRY HOWERY. Sherry Howery has recently joined the staff at Davis Community Hospital as Assistant Controller. Her responsibilities include accounting, accounts payable, payroll and data processing. A graduate of Nitro High School in Nitro, West Virginia, Howery earned a B.S. in Business Administration from West Virginia State College. She has previously served as an accountant at Putnam General Hospital in Hurricane, West Virginia, and at St. Francis Hospital in Charleston, West Virginia. Howery lives in Statesville.



Sherry Howery



Mary Wesley

INTRODUCING MARY WESLEY. Mary Wesley has recently joined Davis Community Hospital as Director of Social Services. Wesley's responsibilities include providing social work services to hospital patients and their families, discharge planning, and counseling patients with emotional, social or economic problems resulting from or relating to an illness. A graduate of McDowell High School in Erie, Pennsylvania, Wesley earned a B.A. in family relations from Ashland College in Ashland, Ohio, and an M.Ed. in community counseling from the University of North Carolina in Greensboro.

She was previously Director of Social Services at Lexington Memorial Hospital in Lexington, North Carolina and has served as a case worker of the Children's Services of Erie County. Wesley is a treasurer and membership chairman for the North Carolina Society for Hospital Social Services Directors. She is a member of the National Association of Social Workers, the American Association for Counseling and Development and the Society of Hospital Social Services Directors of the American Hospital Association. Wesley and her husband, Gary, have one daughter, Michelle. They plan to move to Statesville.

INTRODUCING JAMES HUFFINES, JR. James Huffines, Jr. has recently joined Davis Community Hospital as a licensed staff pharmacist. A graduate of Grimsley High School in Greensboro, Huffines completed his B.S. in Pharmacy at the University of North Carolina in 1979. He also earned his J.D. (juris doctor) from Campbell University in 1983. Huffines has served as a licensed staff pharmacist at Wesley Long Hospital in Greensboro and at Goodhope Hospital in Erwin, North Carolina. He has previously worked with the Jaycees and the Bethlehem Community Development Association. He is a member of the North Carolina Society of Hospital Pharmacists and the American Society of Hospital Pharmacists. Huffines lives in Statesville.



James Huffines

Health Care Supervision Course Offered At DCH

"Introduction to Health Care Supervision" is currently being offered to twenty-seven employees at DCH. The ten-week course is offered by the Center for Health Studies, a training center for Hospital Corporation of America.

Employees enrolled include Elizabeth Bostic, Margie Bradshaw, Phyllis Cates, Donna Cheek, Evelyn Childress, Gail Ervin, Tom Fender, Rick Ferguson, Barbara Hinson, Diane Hope, Jim Hutchins, Becky Keller and Laura Manor.

Also enrolled are Debbie Miller, Fred Mitchell, Carol Moon, Katie Moore, Peggy O'Neal, Diane Pemberton, Rebecca Pettit, Sue Plyler, Libby Rumble, Wanda Stutts, Dot Tucker, Pat Warren, Zelma Kilby and Iva Lee.

Some topics to be discussed are "Goal Setting," "Organizing and Staffing," "Budgeting and Communication."

A Special Thanks To You!



Jim Cline (left) and Bryan Winn.

Davis Community Hospital has recently earned the Gold Award in the Pacesetter Division of the United Way for the 1984 - 1985 campaign. With a per capita giving of \$19.25 per employee, we topped the \$16.00 per capita goal plus made a corporate gift of \$500. Accepting the award is Jim Cline, Director of Human Resources, from Bryan Winn, 1985 United Way President.

CHAPLAIN'S CORNER

Every person at some time or other has experienced feelings of inadequacy and lack of confidence. In fact, many find that lacking self-confidence is a way of life for them. Self-doubt and a self put-down attitude can ultimately lead to failure and unhappiness. Many can testify to the fact that the anticipation of failure in a given task or goal has resulted in failure. Often we set ourselves up to fail by the outlook that says, "I don't think I can do that. I feel too inadequate."

How can we change feelings of inadequacy to feelings of confidence that will bring needed peace of mind?

First, remember that God never did a bad job on any person He created. But many of us have not done the best job we could with the original material with which we began.

Sit down and list your strengths - every one you can think of - no matter how insignificant they seem. After all, there is nothing insignificant about you as a person. Think of God as your partner in recreating you to something even better than you are right now.

Think something like this:

"God, at this moment, is recreating me, turning weakness to strength, self-doubt to self-confidence. I see myself as being made in His image, will be able to handle whatever life holds because His strength in me is sufficient."

Take these definite steps to change your pattern of thinking:

1. Free yourself from negative thoughts about yourself by concentrating on those persons with whom you are in contact today.
2. Realize your purpose is to help others, not to promote self.
3. Send out thoughts of love and appreciation to others. (Express it when appropriate.)
4. Mentally affirm and visualize your assets and strengths. Keep your thoughts on the positive.

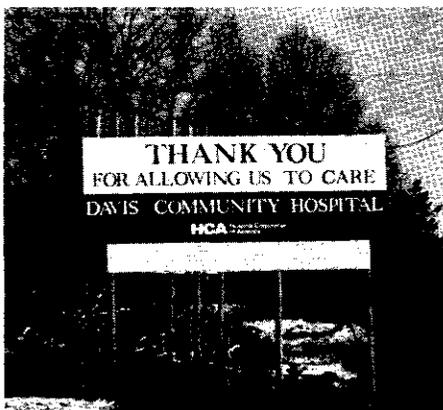
Practice thinking confident thoughts daily and you will find a capacity to handle any difficulty that may arise. There is a strength and power beyond yourself that comes from above and from within.



INTRODUCING ARLENE STEEVES. Arlene Steeves has recently joined Davis Community Hospital as a Registered Medical Technologist (ASCP). A graduate of Tottenville High School in New York City, Steeves earned a B.S. degree in zoology from Ohio University. She has trained as a medical technologist at Mt. Carmel Hospital in Columbus, Ohio. Steeves' previous experience includes serving as Department Head of Chemistry at Munson Medical Center in Traverse City, Michigan, and as a medical technologist at Blodgett Memorial Hospital in Grand Rapids, Michigan. She is a member of the American Society of Clinical Pathologists and is active in the Newton-Conover High School Band Boosters and First Presbyterian Church in Newton. Steeves and her husband, Wayne, have two children, Dan and Kristin. They live in the Newton-Conover area.



INTRODUCING LAURA MANOR. Laura Manor has been appointed Food Service Director at Davis Community Hospital. Manor has had a number of years experience in food service, ranging from restaurant management to institutional services. Prior to her present employment, she was employed as an instructor with Mitchell Community College in the areas of food service management and nutrition, which consisted of classroom and on-the-job instruction. She earned an Associate Degree in Food Service Management from Florida Technical College, Orlando, Florida, in 1983, and an Associate Degree in Nutrition and Food Services from East Carolina University, Greenville, North Carolina, in 1984. She has also completed studies and received North Carolina certification as an instructor in the area of Nutrition and Food Service Sciences along with certification from Auburn University as a Diet Technician. Manor and her husband, Dale, live in Davidson, North Carolina. They have four children and three grandchildren.



Have you seen our new billboard? On I-40 east, just past the highway 64 exit, Davis Community Hospital proudly displays a bold thank you in our hospital colors, for allowing us to care for our community.

Come As You Are!

All hospital staff, patients and their families and visitors are invited to our Sunday Worship Services held from 9:15 - 9:45 a.m. in the cafeteria.

The service is led by ministers of local churches with music furnished by MacDowell Music Club

DCH has been happy to provide these services for many years.